



PRE-K/TODDLER SCHOOL MENU



BREAKFAST & LUNCH INCLUDES: ASSORTED FRUIT, VEGETABLES, GRAHAM CRACKERS (PAIRED WITH PARFAITS/CEREAL), & 1% WHITE MILK
SNACKS ARE PROVIDED TO FULL-DAY STUDENTS & ALWAYS SERVED WITH 1% WHITE MILK

WEEK 2

WEEK 1

WEEK 2

WEEK 1

WEEK 2

MON	TUE	WED ALL ITEMS ARE PLANT-BASED ON WEDNESDAYS	THU	FRI
BREAKFAST 3 Honey Cheerios	BREAKFAST 4 French Toast Bites 🍳	BREAKFAST 5 Cinnamon Raisin Bagel	BREAKFAST 6 Apple Cinnamon Bread 🍳	BREAKFAST 7 Breakfast Tamale 🐷
LUNCH Bean & Cheese Pupusa	LUNCH Bean & Cheese Burrito	LUNCH Kickin' Sandwich	LUNCH Nachos w/ Cheez Its 🍳	LUNCH Teriyaki Chicken & Rice Bowl 🍳
SNACK Strawberry Waffle Graham	SNACK Heart Pretzels	SNACK Savory Crackers, 1oz.	SNACK Colors Goldfish	SNACK Emoji Grahams
10 NO SCHOOL 2/10 holiday	BREAKFAST 11 Cosmic Confetti Waffle	BREAKFAST 12 Blueberry Bagel	BREAKFAST 13 Banana Choc. Chip Bread 🍳	BREAKFAST 14 Yogurt Parfait 🍌
	LUNCH Mac & Cheese w/ Dinner Roll	LUNCH Kickin' Nuggets w/ Corn 🍳	LUNCH Italian Pull Aparts w/ Cheese	LUNCH Heart Shaped Nuggets w/ Corn Cheez Its
	SNACK Heart Pretzels	SNACK Savory Crackers, 1oz.	SNACK Colors Goldfish	SNACK Emoji Grahams
17 NO SCHOOL 2/17 holiday	BREAKFAST 18 Honey Cheerios	BREAKFAST 19 Cinnamon Raisin Bagel	BREAKFAST 20 Apple Cinnamon Bread 🍳	BREAKFAST 21 Breakfast Tamale 🐷
	LUNCH Bean & Cheese Pupusa	LUNCH Kickin' Sandwich	LUNCH Nachos w/ Cheez Its 🍳	LUNCH Teriyaki Chicken & Rice Bowl 🍳
	SNACK Heart Pretzels	SNACK Savory Crackers, 1oz.	SNACK Colors Goldfish	SNACK Emoji Grahams
24 Cosmic Confetti Waffle	BREAKFAST 25 Pancake Bites 🍳	BREAKFAST 26 Blueberry Bagel	BREAKFAST 27 Banana Choc. Chip Bread 🍳	BREAKFAST 28 Yogurt Parfait 🍌
LUNCH Mac & Cheese w/ Dinner Roll	LUNCH Grilled Cheese Sandwich	LUNCH Kickin' Nuggets w/ Corn 🍳	LUNCH Italian Pull Aparts w/ Cheese	LUNCH Hamburger 🍳
SNACK Strawberry Waffle Graham	SNACK Heart Pretzels	SNACK Savory Crackers, 1oz.	SNACK Colors Goldfish	SNACK Emoji Grahams
MAR 3 BREAKFAST Honey Cheerios	MAR 4 BREAKFAST French Toast Bites 🍳	MAR 5 BREAKFAST Cinnamon Raisin Bagel	MAR 6 BREAKFAST Apple Cinnamon Bread 🍳	MAR 7 BREAKFAST Breakfast Tamale 🐷
LUNCH Bean & Cheese Pupusa	LUNCH Bean & Cheese Burrito	LUNCH Kickin' Sandwich	LUNCH Nachos w/ Cheez Its 🍳	LUNCH Teriyaki Chicken & Rice Bowl 🍳
SNACK Strawberry Waffle Graham	SNACK Heart Pretzels	SNACK Savory Crackers, 1oz.	SNACK Colors Goldfish	SNACK Emoji Grahams

KEY:
🍳=HOMEMADE ELEMENTS
🌱=NEW
🐷=CONTAINS PORK

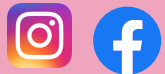
SAUSD SUPPORTS LOCAL CALIFORNIA FAMILY FARMS. SELECT DAYS WILL FEATURE FARM FRESH PRODUCE.



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Menu is subject to change without notice. This institute is an equal opportunity provider.

*All cereals are Reduced Sugar: ≤6 grams